

Course description:

This course offers an awareness of the issues involved with fall protection. A focus on the best practices in fall protection and the need to protect workers at height highlights this informative training course. Participants are introduced to the legislation governing fall protection as well as the components of a fall protection system including body support, anchorages, connectors and rescue.

Upon successful completion of this course, the student will receive a certificate acknowledging they have met or exceeded OSHA, ANSI and CSA requirements as an Authorized Person.

Duration:

0.5 days (up to 4 hours)

Recommended attendance:

This course is designed for individuals working at height.

Topic discussed:

- Local governing regulations relating to fall protection
- Traditional fall protection
 (e.g. handrails, guardrails, etc.)
- · Fall restraint systems
- Fall arrest systems (includinganchors, body support, connecting components and the importance of a rescue plan)



Safety Training Certified Provider

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